

LETTER OF ACHIEVEMENT

JENNIFER ABEL - LEADERSHIP

Hi

Wow! Congratulations on completing the Canadian Olympic School Program's Challenge. You should be proud of yourself. Achieving your Passport to London is quite a feat.

Being a leader is about what you do and how you do it. It's about leading by example. To achieve this Passport, you have had the opportunity to lead by example. Doesn't it feel great? It's truly amazing how we can inspire one another. Your positive actions and commitment to leadership, respect and healthy active living truly inspire me. I will take this inspiration overseas with me as I dive for gold at the London 2012 Olympic Games.

As I compete in London, I will be listening for your cheers from you in front of your televisions and computers in Canada. This summer is about achieving my personal best. It would be my dream come true if one of my personal best performances resulted in an Olympic medal. Regardless, I know my leadership and positive attitude will have a positive influence on my performance and will help others achieve their goals.

I encourage you to continue to strive to be your personal best on a daily basis. Take time to enjoy those activities that you are passionate about and that make you happy. You never know who you may inspire and what difference you may make. The sky is the limit.

Sincerely,

Jennifer Abel
Diving
2008 Olympian
2012 Olympic Hopeful

**CANADIAN OLYMPIC SCHOOL PROGRAM
CHALLENGE: Passport To London**